



Upnishadians Pathways

Quarterly Newsletter Volume 2

OUR Vision

Our Vision is to create world citizens with human values by facilitating learning in a progressive and inclusive ambience and to enhance the inherent potential of all the stakeholders. We empower every child and discover his own self and pursue his interests. Our vision is best substantiated by our core value "My Interest My Way".

Our teachers tell our students where to look but do not tell them what to see. We want every child to become what he actually wants to become and for that we provide extensive facilities and services.

OUR Mission

- Provide opportunities for every individual to excel in his/her chosen field; Academics, Sports or performing arts.
- Build a robust and vibrant community of Students, Faculty & Staff across ethnicity, religion, region or language.
- Foster Acknowledge and Reward Truth, Justice, Equity, Wisdom, Benevolence, Discipline, Compassion, Spirituality, Morality and Connect with the wider community.
- Promote scientific temper, inquisition, experimentation and innovation.
- Promote Art, Music and Theatre.
- Connect Students with the best in Higher learning across disciplines and geographies.



Profile Of Upnishadians Shall be

- Inquirer & Lifelong Learner
- Knowledgeable & Skilled
- Thought Leader
- Effective Communicator
- Principled, Courageous & Risk-Taker
- Caring, Compassionate
- Reflective



Principal's Message

As the Principal of the school, I feel honoured and privileged to be part of an educational institution where every stakeholder is a learner and every day is an opportunity to learn and discover. We look at ourselves as a community of learners, where everyone learns including our teachers, parents & staff.

After successful launch of our first newsletter 'Upnishadians Pathways' we are here with Volume 2 which will cover the happenings of school from the month of August to October 2021. This newsletter will clearly reflect the high standards with an absolute commitment to strive to understand and improve the educational process, using team strategies, while wholly centering on student achievement.

Your child's learning involves and revolves around an effective partnership between home & school. We know the stronger the partnership is the more your child will benefit.

Whilst we know that the information here will give you answers to some of your questions, we also know that learning is social, and in this context we encourage you to come and speak to us in person for a more detailed perspective. I look forward to working with you as we help create a school where parents are welcome for any kind of fruitful discussion, students are engaged in meaningful learning and the staff members are valued and appreciated for their efforts.

Warm Regards
Yogesh Popat



DID YOU
KNOW?



Encourage your child or student to express his opinion about what's going on with his/her education. Create an open atmosphere where he feels comfortable expressing his/her likes, dislikes or concerns. When he shares his opinion, make sure to validate his feelings. When children feel like their opinion doesn't matter, they're likely to disengage from the learning process. Good learners know their opinion matters and feel reassured that they can be open about their educational experience without being judged, put down, discouraged or ignored.



SCHOOL'S PRIME FOCUS AREA

5 Point Focus HOLISTIC DEVELOPMENT

Integrating CBSE Curriculum with inquiry based, discovery based learning, discussion based & analysis based thematic learning.

COGNITIVE DEVELOPMENT

Emphasis on balanced linguistic development with respect to all the three important languages English, Hindi, Sanskrit.

LINGUISTIC DEVELOPMENT

PHYSICAL DEVELOPMENT

- Lush Green Sports field with the provision of all outdoor sports. (Cricket, Football, Kho-Kho, Volley Ball, Basket Ball, lawn Tennis) & Indoor (Table Tennis, Chess, Carom).
- Regular Yoga, Meditation session & expert's talk on healthy life style.
- Special Stamina enhancing sessions for Nursery to Class-II

SPIRITUAL DEVELOPMENT

- Integrating value education with regular Arts & Craft, Music & Dance Class.
- Regular Youth Development program based on the messages of Upnishad.

SKILL DEVELOPMENT

- Computer Education
- Vocational Education
- Personality Development
- Special Gurukul Integration Program.

School Celebrations and Events

JUNIOR WING

English Handwriting Competition

Handwriting activates the brain more than the keyboard; this is because it involves more complex motor and cognitive skills. And good handwriting contributes to reading fluency because it activates the visual perception of letters. Good Handwriting is the key to progress and success.

With the same thought in our school, we had an English Handwriting competition which was held on 7.8.21. In which our little Upnishadian of class I and II shows their creativity and magic through their handwriting.



Fancy Dress Competition

In DPES, we celebrated 75th Independence Day on the 14th of August And "kindergarten and primary students" tribute the freedom fighters by dressing up like them and show their enthusiasm, compassion, and love towards the country.

India celebrates Independence Day on the 15 of August every year. As it is on this day in the year 1947 India got Independence from British Rule. Independence Day promotes nationalism and patriotism toward the nation. It is one of the great day's everyone remembers the sacrifices made by our freedom fighters to get Independence.

Jai Hind



Rakhi Making Competition

Raksha Bandhan or Rakhi is a very special occasion to celebrate the virtuous bond of love between a brother and a sister. The festival is made up of two words namely 'Raksha' and 'Bandhan'. As per the Sanskrit terminology, the occasion means 'tie or knot of protection'. This festival symbolizes the eternal love of brother-sister which is one of the deepest and noblest of all emotions.

To commemorate this festival, an online Rakhi-making competition was organized for the students of Class I and II on 21 of August. Students made beautiful rakhis by using different aids like silk thread, ribbon, mirrors, etc. The artisanship was quite charismatic as the students find a hidden artist in them and they enjoyed this activity thoroughly.

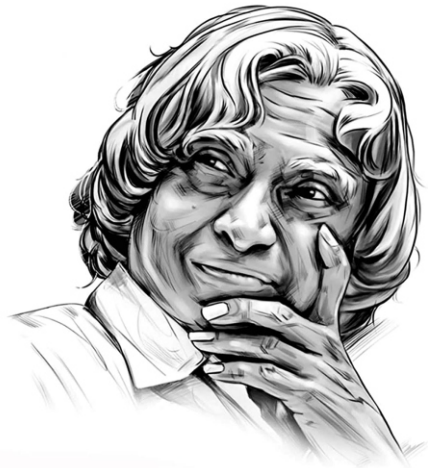


Being
Creative

English Recitation Competition

Teachers are responsible for shaping a child's future; making him/her a better human being. A teacher imparts knowledge, good values tradition, and modern-day challenges and ways to resolve them within students. A good teacher is an asset to the students.

“Kindergarten and Primary students” expressed their gratitude toward their teachers by celebrating Teacher's Day virtually through “English Poem Recitation” on the 4th of September.



“ *'If country is to be corruption-free and become a nation of beautiful minds; I strongly feel there are three key societal members who can make a difference. They are the 'father', the 'mother' and the 'teacher'.* ”

~Dr. APJ ABDUL KALAM



In our school kindergarten and primary students took Lord Ganesha's blessing by doing different activities: “idol making” and “Drawing Competition” which were organized on the 14 of September.

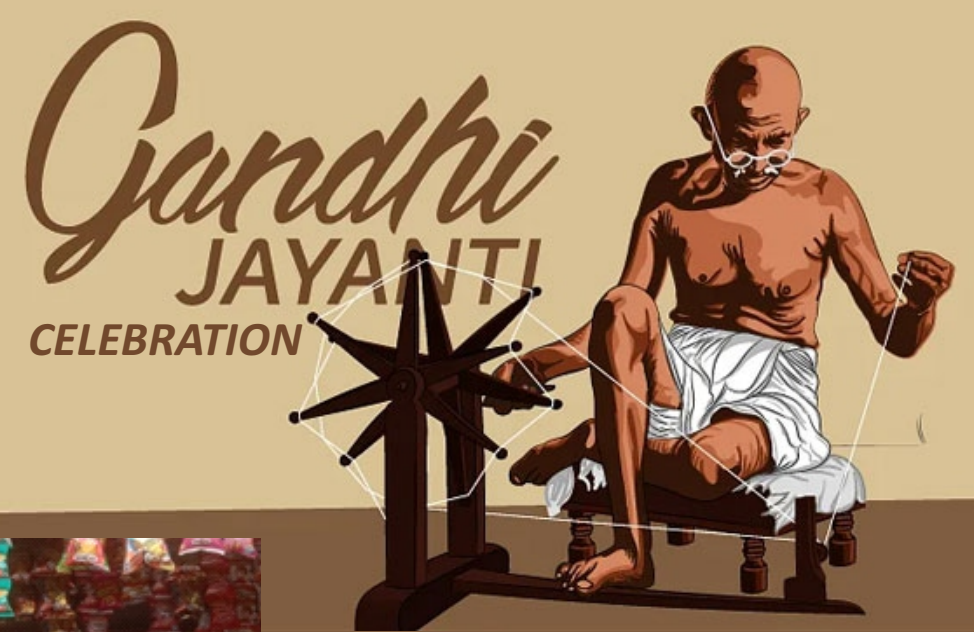
॥ वक्रतुण्ड महाकाय सूर्यकोटि समप्रभ। निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

Lord Ganesha is known as the God of wealth, sciences, knowledge, wisdom, and prosperity, and that is why Hindus remember him and seek his blessings before starting any important work.



Mahatma Gandhi said 'Sanitation is more important than Independence, He made cleanliness and sanitation an integral part of the Gandhian way. Prime Minister Mr. Narendra Modi paid his tribute to Mahatma Gandhi by launching Swachh Baharat Abhiyan in the year 2014.

Pre-primary and Primary students celebrated “Gandhi Jayanti” by making green and blue dustbins on 2nd of October and explains the importance of disposal of biodegradables, which can be converted to manure to divert waste from landfills. And non-biodegradable waste can be recycled and reused which makes our ecosystem more beautiful. Some students spread this message by making paper bags by reusing newspapers.



Children learn more when they initiate an activity and are actively engaged in it

“ *Success is no accident, it is hard work, preservance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do.* ”

KINDERGARTEN ACTIVITIES

RAINBOW DAY

Different colours symbolize different personalities and also affect our moods differently. The seven colours of the rainbow are also linked to seven chakra colours of the aura and so on.

The rainbow colour day was celebrated virtually on 7th August, with little upnishadians. All the kids were dressed up in various colours. Our children had an activity of coloring. It was an excellent learning experience for the children which enhanced their skill of colour identification.



MONSOON DAY

Rain is always enthusiastically awaited by all. Rain for children means a day full of high spirits as it was a pleasure watching the tiny tots enjoy, dance and sing rhymes in rain.

Monsoon day was celebrated virtually on 21st August, with kindergarten students. It was a fun-filled extravaganza for the tiny tots as they enjoyed the pitter-patter rain drops smartly dressed in their Raincoats holding a umbrella.



“ Anyone who says only sunshine brings happiness,
Has never danced in rain... ”
~Anonymous



Janmashtami is celebrated as the birthday of Lord Krishna, one of the most powerful and famous reincarnations of Lord Vishnu. This day indicated the beginning of hope in the older times, hope, that the malicious rule of Kansa would soon end.

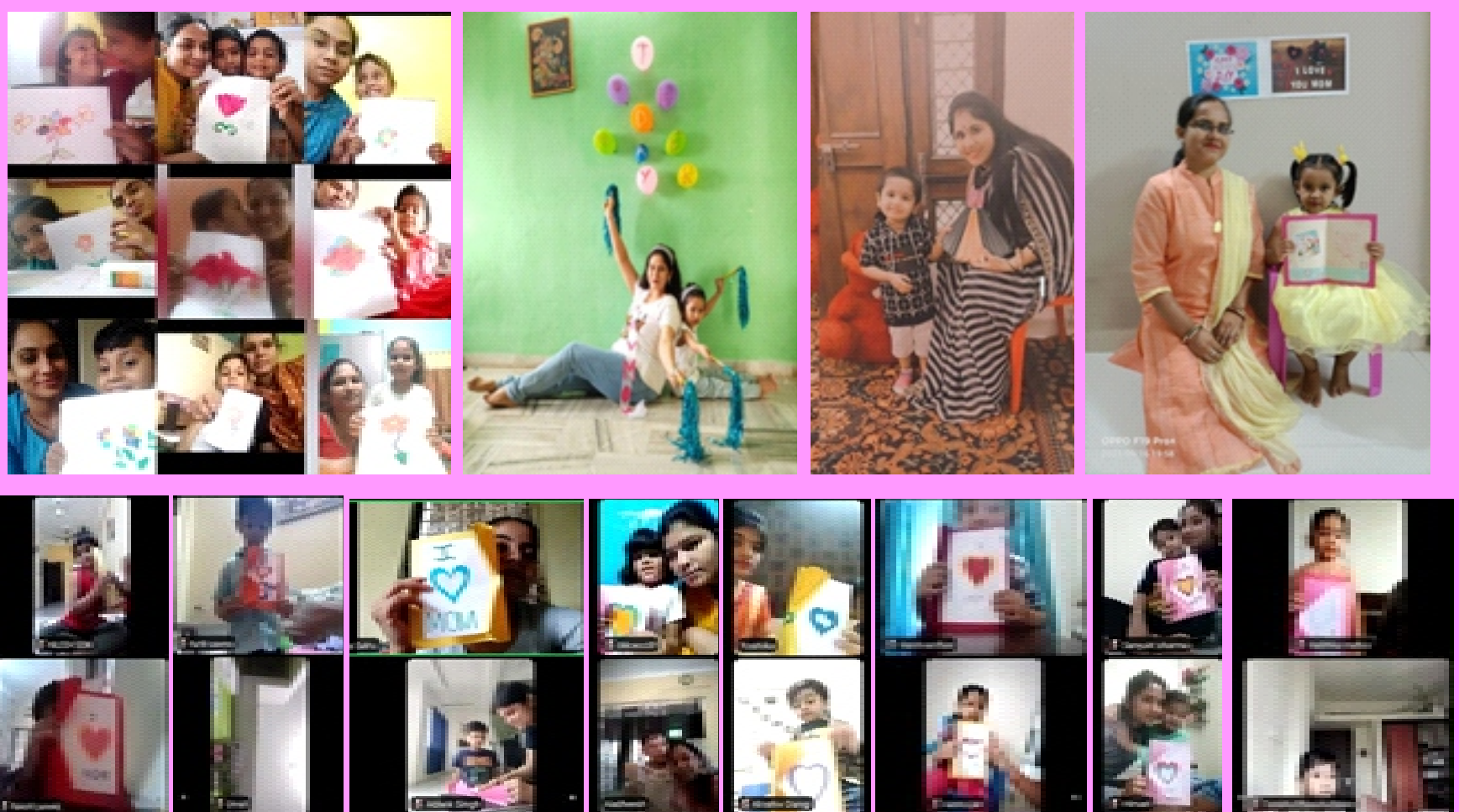
Janmashtami was celebrated virtually on 28th August with mirth and joy. The students dressed up as Lord Krishna and Radha, complete with flutes, peacock feathers and matkas. A lot of fun-filled activities were done by kids.



Mothers Day Celebration

Mother's Day is a celebration honoring the mother, as well as motherhood, maternal bond and influence of mothers in society. To show the love and respect to their mothers, the young, enthusiastic and adorable manthanites of pre primary celebrated this most special day.

Our kids celebrated Mother's day by doing greeting card activity and mothers danced with their kids. This activity will definitely strengthen the bond between child and father.



HELPERS DAY ACTIVITY

A community is a group of people who share services, buildings and laws. It is also a place where people live. A community can be in school, town, city or neighbourhood. Community helpers make communities cleaner, safer and more pleasant for other people.

Helpers day was celebrated virtually on 25th Sep for kindergarten. Our little upnishadians were dressed up as nurse, sweeper, policeman, doctor, soldier, vegetable vendor, farmer, teacher etc. This celebration was organized to help them in building confidence and respect for the people who make our lives easy with their services.



HELP OTHERS ACHIEVE THEIR DREAMS AND YOU WILL ACHIEVE YOURS. : LES BROWN

MAGICAL MATH

Math is not about numbers, equations and algorithms. It is about understanding. With the aim to create an interactive and interesting learning in Mathematic. Kindergarten recently organized Magical Math Week. Students played number games, explained 2D and 3D shapes, Counted objects like vegetables, fruits and matched with the numbers. The event was successful in intriguing the students about the exciting world, that is Mathematics.



Blue Day Activity

Blue is the colour of the sky and sea. It is often associated with depth and stability. Blue symbolizes trust, loyalty, wisdom, confidence, intelligence and truth.

Kindergarten recently organized Blue day virtually on 9th October .The students of pre- primary came dressed in different shades of blue , they carried their favorite blue colour object and spoken few sentences about it. They enjoyed various fun filled activities.



Winners of Activities



Drawing Competition



▼ CLASS : I B



▲ CLASS : I A



▼ CLASS : II B



▲ CLASS : II A



English Recitation Competition



▼ CLASS : I B



▲ CLASS : I A



▲ CLASS : II A



▲ CLASS : II B



The end product of education should be a free creative man, who can battle against historical circumstances and adversities of nature.

~Dr. Sarvepalli Radhakrishnan

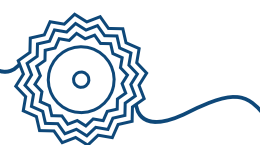
Fancy Dress Competition



English Handwriting Competition

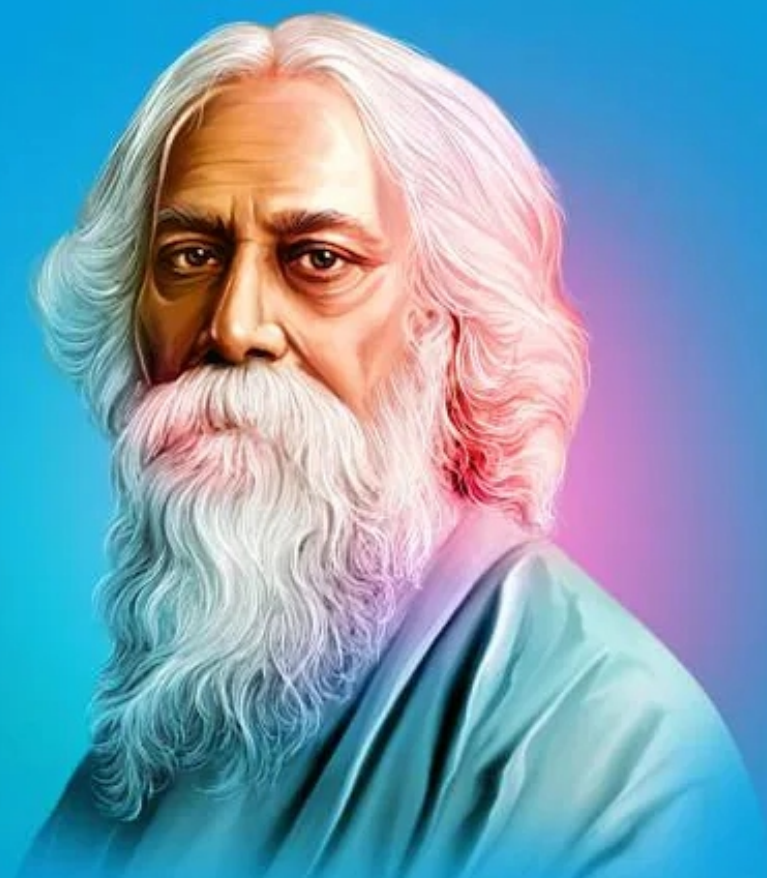


Rakhi Making Competition



The Highest education is that which does not merely give us information but makes our life in harmony with all existence

~Rabindranath Tagore



English Recitation Competition



KINDERGARTEN



Fancy Dress Competition



KINDERGARTEN



School Celebrations and Events

SENIOR WING

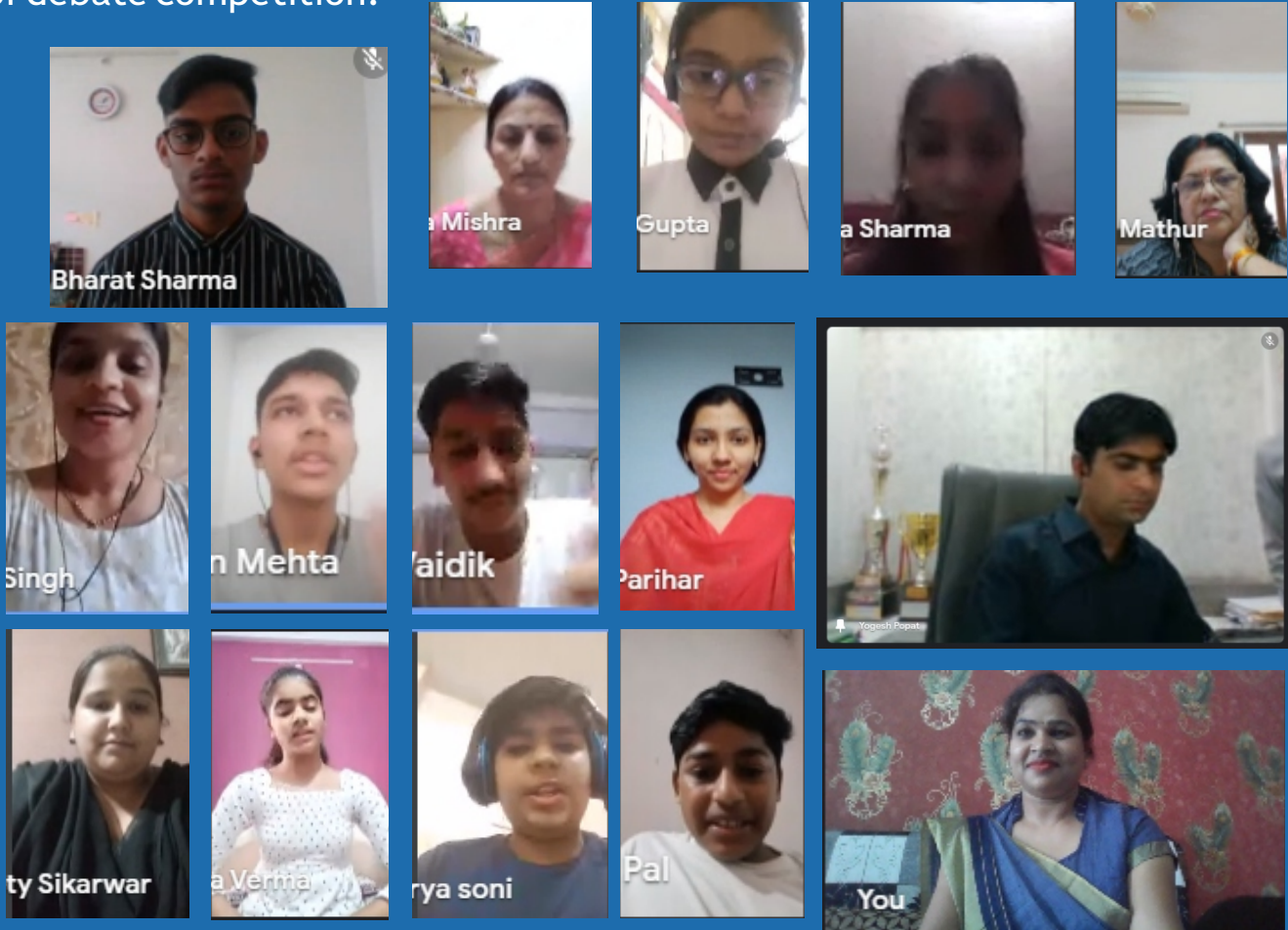
The Power of Speech & Debate Education

Debate is a valuable activity for students of all skill levels. Debate teaches useful skills for other academic pursuits and life more generally. Most obviously, debaters build confidence speaking in public and expressing their ideas eloquently. That comfort speaking in front of others is useful in so many areas of life, from interviews to school presentations to discussions in college seminars.

But the benefits of debating are not limited to the skills built while students are speaking—the preparation for competition teaches critical thinking and research skills, as well. As F. Scott Fitzgerald once said, “The test of a first-rate intelligence is the ability to hold two opposed ideas in mind at the same time and still retain the ability to function.” Debate tests and builds that ability by forcing students to see both sides of issues. Debaters flex their analytical muscles, learning to find the weak points in opponent’s arguments. They learn to explain their own ideas and assess different viewpoints, whether in a debate round, a political discussion, a classroom, or a written essay. And debate requires students to research their ideas and support them with evidence, teaching them to conduct research and assess sources. Our school organized different debates for both junior and senior sections. The topic for junior was “Marks and skill - what matters in life” and for senior group the topic was The development of artificial intelligence will help humanity”

Debate is very important specially for young minds

Mrs. Hemlata Malviya and Mrs. Neha Singh, English mentors of our school anchored the competition. They selected the students and set the motion of the debate. Some participants argued for the motion and some against the Motion. The audience highly appreciated the debate. At the end of the debate Mrs. Neelam Mathur, our academic coordinator presented the results of debate competition.

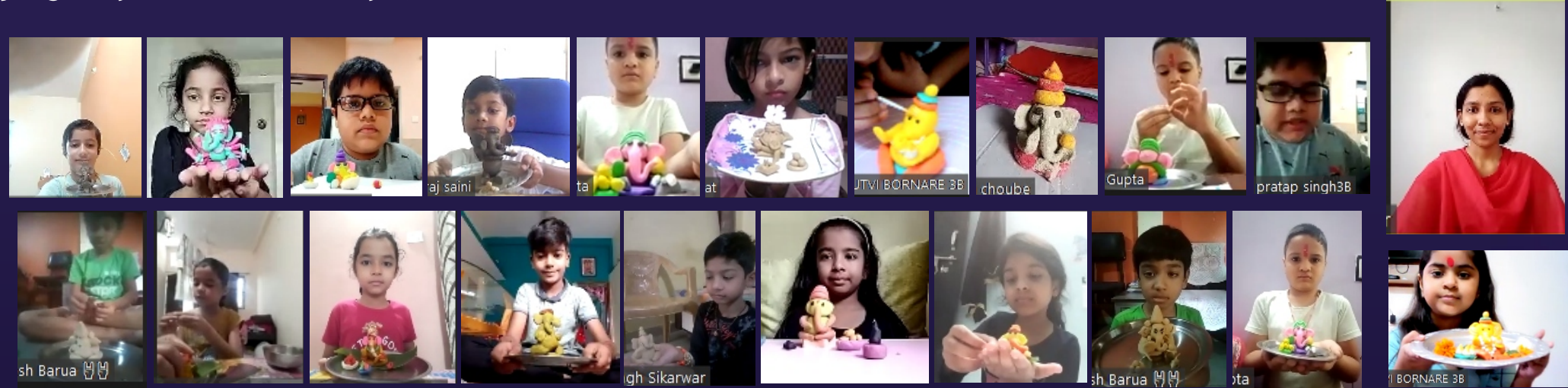


Education is the best Friend. AN educated person is respected everywhere.
Education beats the beauty and the youth.

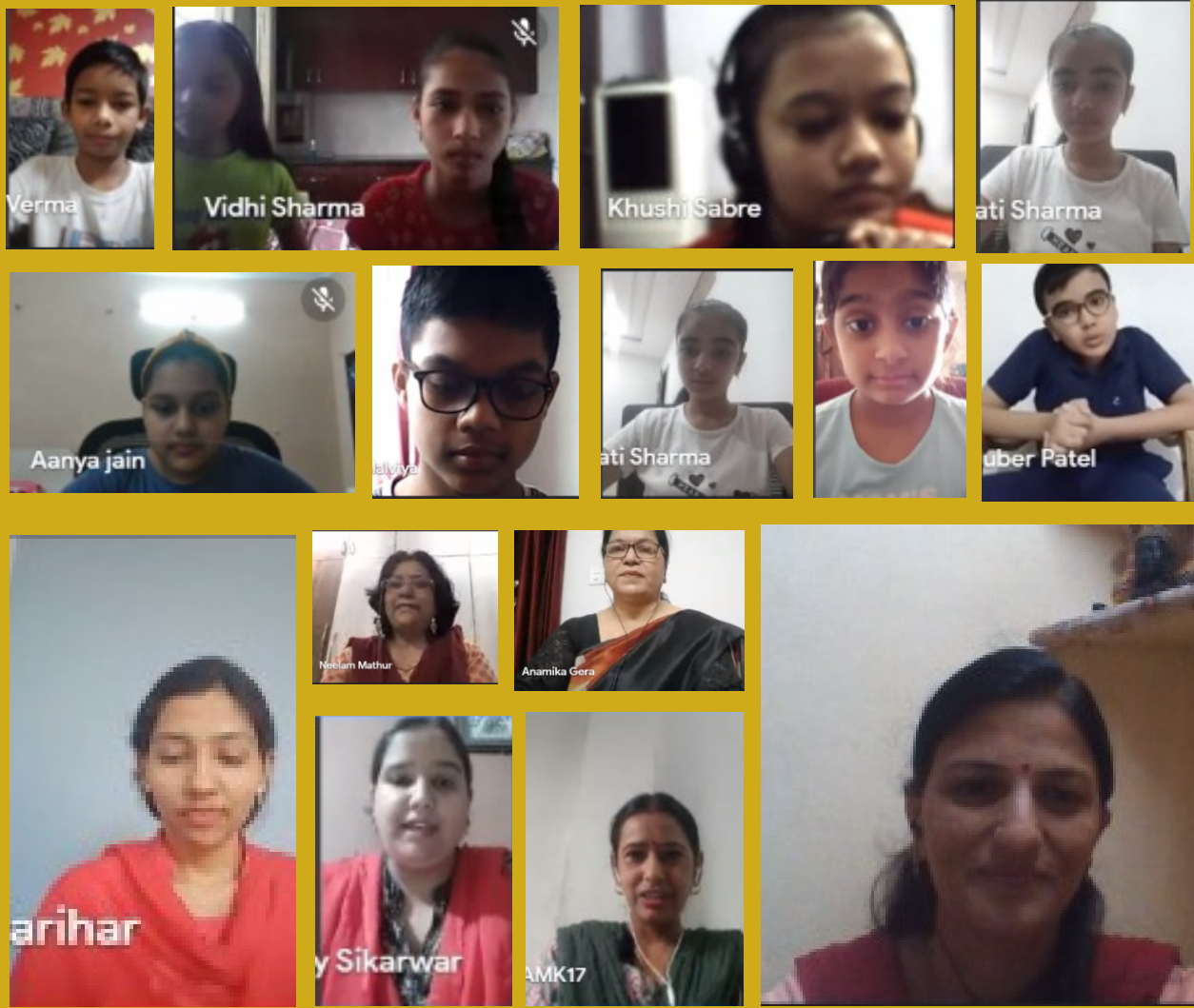
To celebrate Ganesha Chaturthi ,Students of Delhi Public Elementary School took part in Idol making competition and made eco-friendly Ganesha. Enthusiasm among the students was such high that the entire atmosphere transformed into real old Indian Culture. Children made Ganesh idols from clay with devotion, passion and creativity. They also get themselves apprised of the ill effects of POP on environment and took pledge not to use POP in future.

It was a real fun for the children to put their fingers on the clay and produce beautiful idols of Lord Ganesh of different sizes and shapes. This event was held for classes 3rd to 8th on 11th September 20 21. The event was judged by Ms. Meenal Sisodiya , art teacher of DPES.

Idol Making Competition

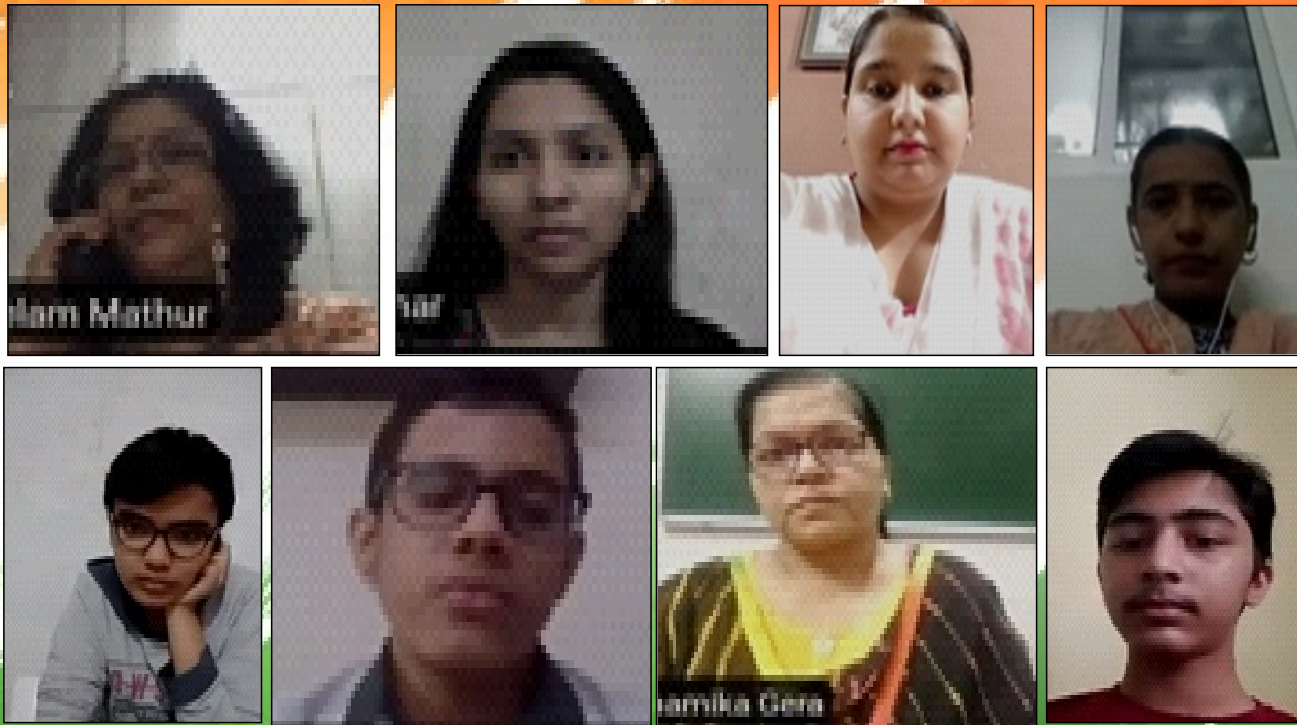


हिंदी QUIZ COMPETITION



Independence Day Celebration



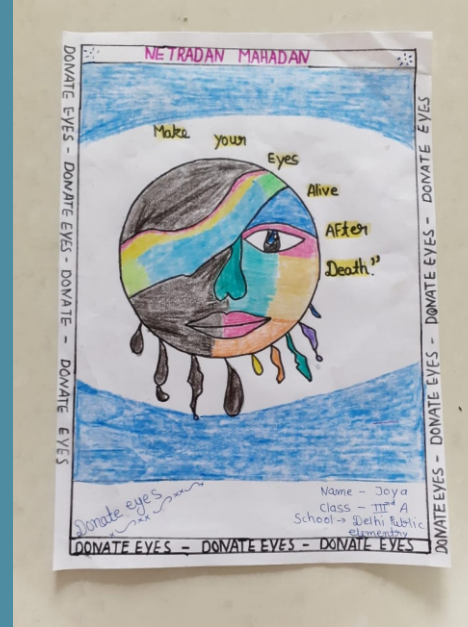
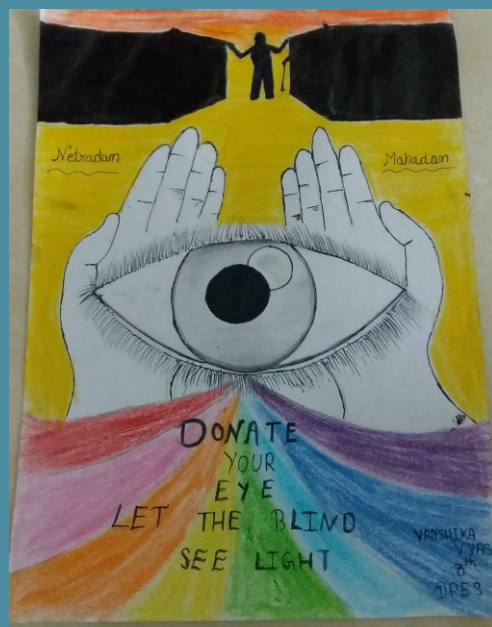


InterSchool Exchange Program



नेत्रदान महादान

POSTER MAKING COMPETITION



PARTICIPANTS

Class III

Joya Yasuddin
Rutvi Bornare
Shreyanshi Parihar
Saanvi Singh
Falguni Sharma
Aahana Trivedi
Drishti Goyal
Aarav Gupta

Class IV

Aarohi Choudhary
Aarna Singh
Agastya Saxena
Mansa Chandel
Shashwat Verma
Akshita Singh Sisodiya

Class VIII

Class V

Anamaya Tiwari
Arnav Goyal
Arnav Nakaswal
Harshita Upadhyay
Ocean Ambekar
Nitya Dubey

Vanshika Vyas

Class VI

Avni Sharma
Aashna Jhavar

Class VII

Navya Patel
Nitisha Shrivastava
Elina Ramje
Shraddha Kahar



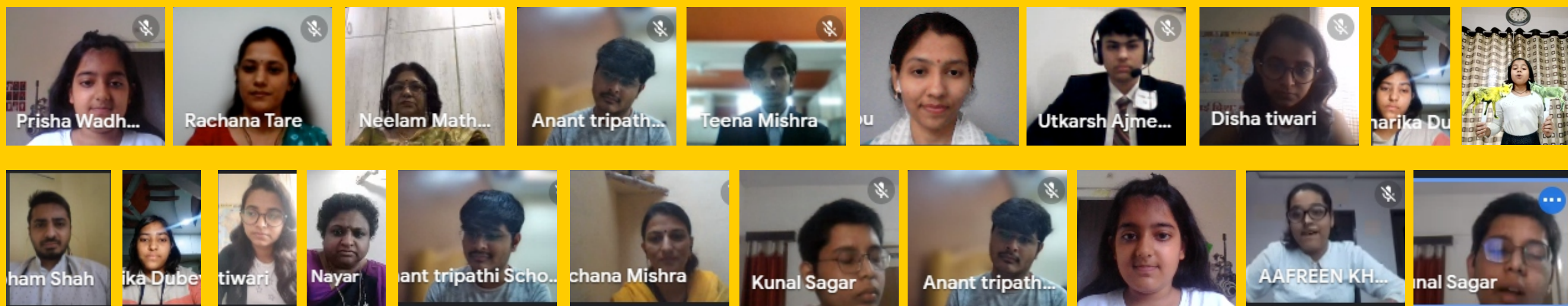
OSCA PLANTATION AWARD



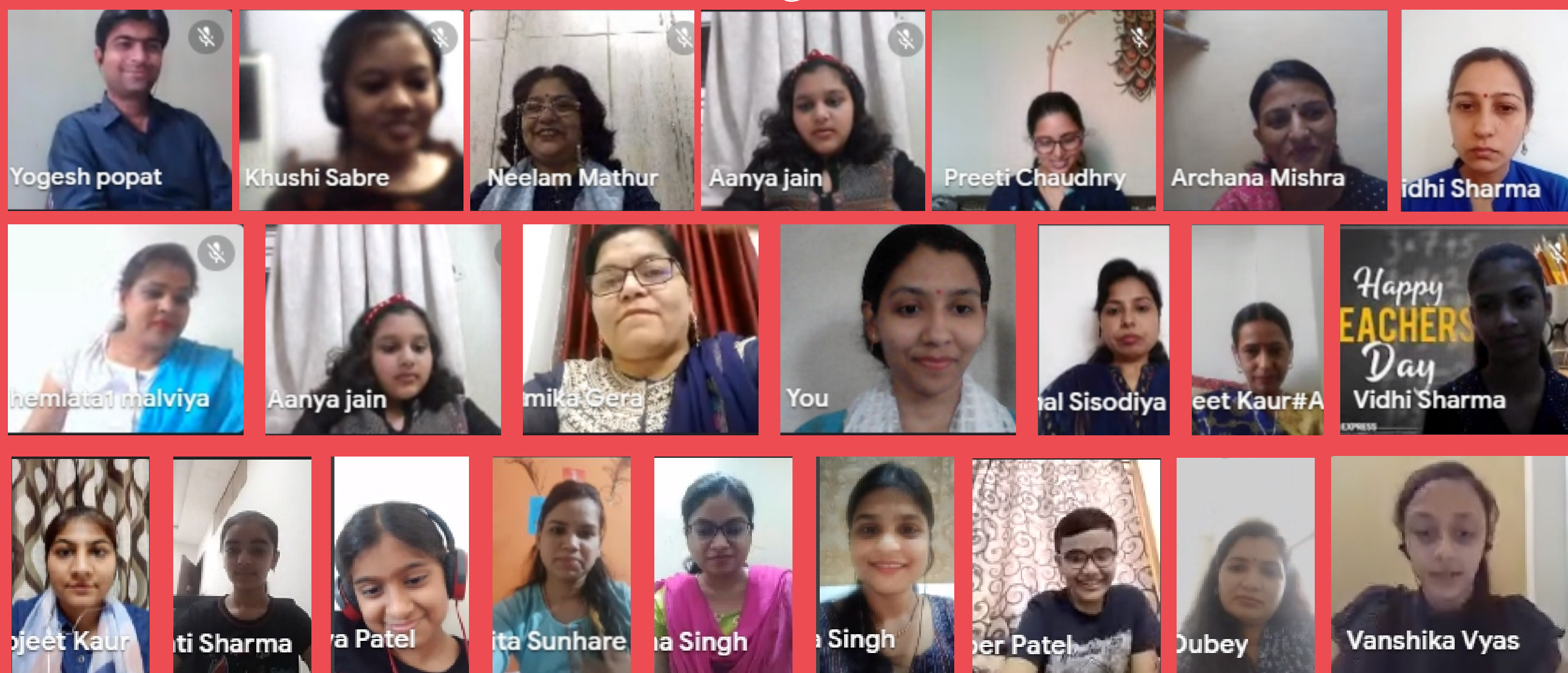
Sahodaya COMPETITION

Perfection is not attainable, but if we chase perfection, we can catch excellence.

Various Sahodaya Competitions were held in the month of September. The competitions were a fusion of talent, imagination, creativity and alertness. Whether it was the sweet story telling, art, creative writing, PPT presentation, photography, the activities helped to bring out the uniqueness of each individual. The students set the virtual competition on fire by their powerful performance for the winning title. The students left everyone awe-struck as they presented their talent so immaculately and effortlessly. They were applauded for their superb performance. Winners were awarded with certificates.



Teacher's Day Celebration



To mark the occasion of Teacher's Day, 'Greeting Card' making competition was conducted for students of Class III to Class XII on 4th September 2021.

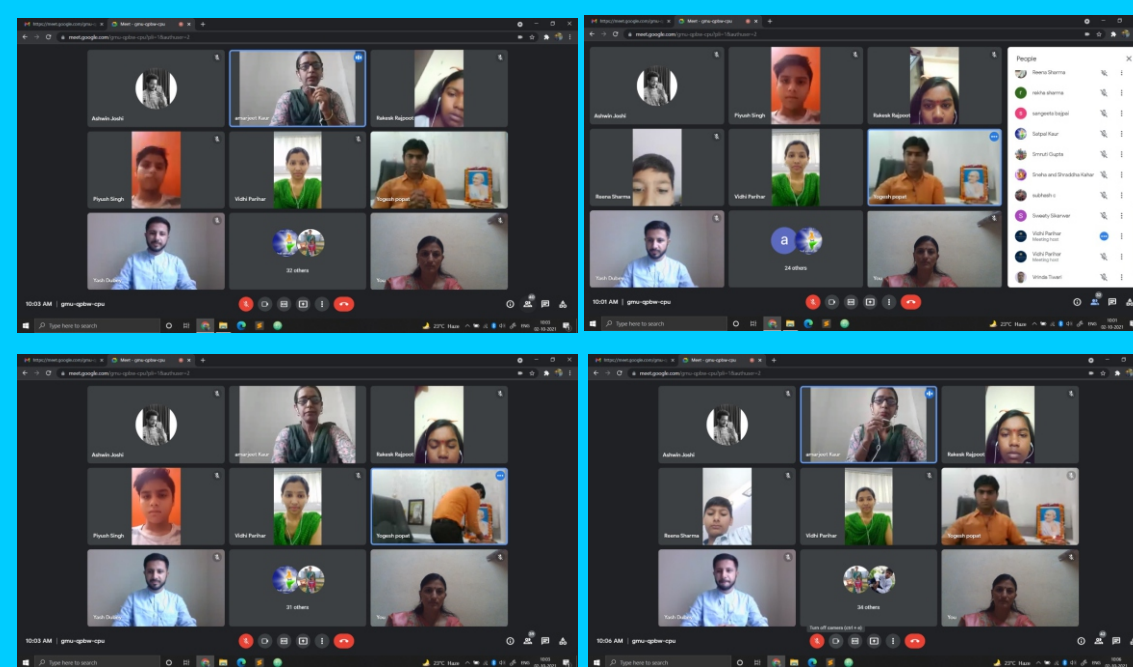
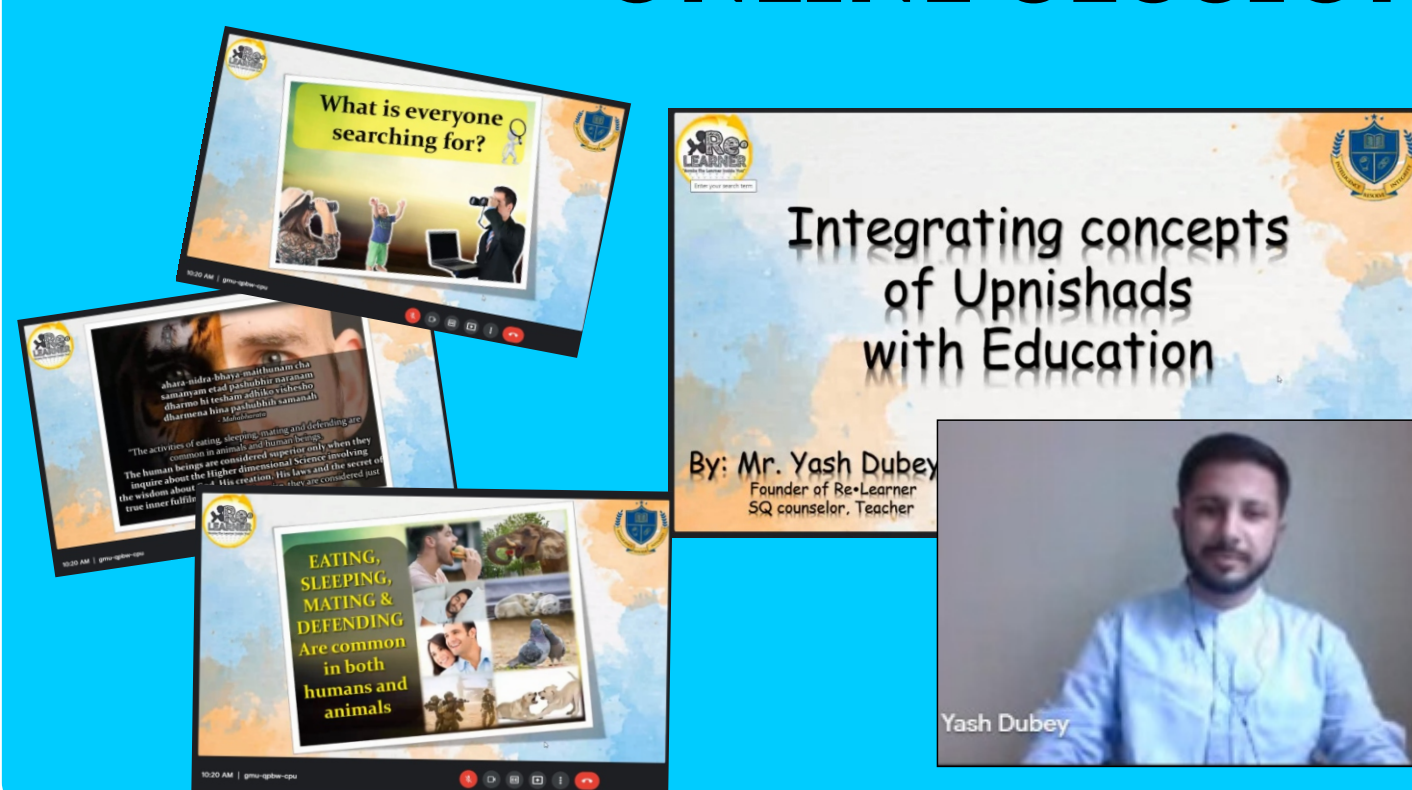
Students were asked to design, draw, colour, paint or decorate the greeting card using any materials present at home and finish the work in a stipulated time frame.

The cards were judged based on design, materials used, skill and presentation. The cards were decorated with various materials such as stickers, bindis, lace, kundan work, beads, metallic paints, glitter powders, sequences etc.

The response for the event was overwhelming and each card was unique and beautiful showing the interest and creativity of each student. Even though 3 best cards from each class got prize.



ONLINE SESSION ON UPNISHAD



PAPER BAG
ACTIVITY



Debate Competition



▼ CLASS : IX - XII



▲ CLASS : VI - VIII



Ganesha Idol Making



▲ CLASS : III A



▲ CLASS : III B



▲ CLASS : IV



▲ CLASS : V



Ganesha Idol Making



▲ CLASS : VI



▲ CLASS : VII



▲ CLASS : VIII



Greeting Card Competition



▲ CLASS : III



▲ CLASS : IV



▲ CLASS : V



▲ CLASS : VI



▲ CLASS : VII



▲ CLASS : IX



▼ CLASS : X - XII



DELHI PUBLIC
ELEMENTARY
SCHOOL

An Initiative of Upnishad Shiksha Prakalp

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